

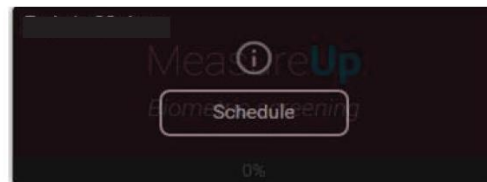
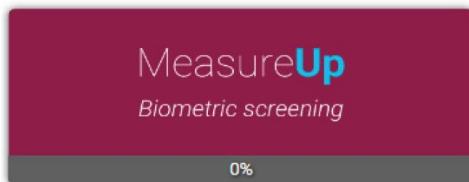
EMPLOYEE HEALTH SCREENING

Argus Consulting Physician Screenings November 1st, 2022 thru October 31st, 2023

Tests Include: Lipid Panel, Glucose, Blood Pressure, Height, Weight, Waist Circumference and BMI.
Fasting for 9 hours before your appointment is recommended.

TO REQUEST YOUR OFFSITE SCREENING:

1. Go to <https://argus.healthymerits.com>. Please note registration cannot be completed from the Healthy Merits app; only from the Healthy Merits URL. Select **Register** if you need to activate your account. You will need to enter your information exactly as it appears on your Meritain Health Insurance ID Card. Your **Unique ID** is your Meritain ID Number.
2. Once you have logged in to your wellness portal, click on the **Measure Up** card and click **Schedule**. You will need to input your registration information one more time. From there, select the option to complete a screening with your physician.



3. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records.

REMEMBER: Fasting (no food) for 9 hours before your appointment is recommended. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting.