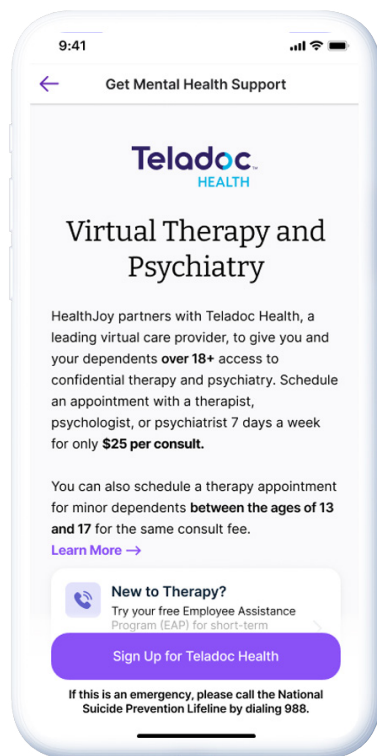


Smart Navigation Guiding Members to Virtual Mental Health Care

75% Reduction in Anxiety and Depression After Four Sessions

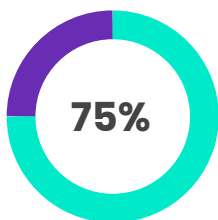
The COVID-19 pandemic sent mental health cases soaring. While cases have dropped since the height of the pandemic, HealthJoy's 2024 Member Health Goals survey found that **46.3% of respondents are seeking to improve their mental health**. Even though the need for mental health support remains high, employee-facing programs are significantly underutilized.



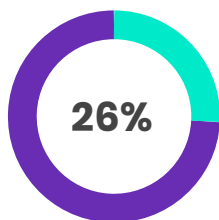
HealthJoy partners with Teladoc Health to provide high-quality virtual therapy services to adults and adolescents for a wide range of conditions. Layering HealthJoy's navigation solution onto Teladoc Health Mental Health maximizes enrollment and drives 18% higher utilization than the industry average.

By connecting the entire benefits package, we target members with recommendations for related concerns and enroll them in additional care programs as needed.

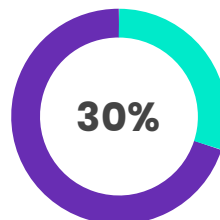
The Impact: Life-Changing Results for Your Employees*



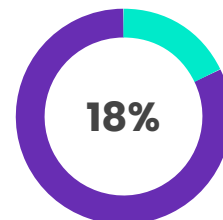
Reduction in
Depression and
Anxiety After
Four Sessions



Reduction in
ER Visits
in Patients with
Major Depression



Reduction in
Hospitalizations
in Patients with
Major Depression



Higher
Utilization than
Industry Average
(13.4% vs 11%)

Removing Barriers to Mental Health Support

“Nearly half of adults under age 30 say there was a time in the past 12 months when they thought they might need mental health services or medication, but they did not get them”.

— Census Bureau’s 2023 Household survey

HealthJoy’s Virtual Mental Health solution removes barriers that have historically prevented members from seeking mental health care including:

- Cost
- Taking Time Off Work
- Finding a Provider Who Understands Your Needs
- A Fragmented Care Experience

Ready to provide more accessible, impactful mental health care to your entire member population?

LET’S TALK